

Analyze This!

An AR Reading Ladder of non-fiction about problems you might face by C. Mitchell

Are you at risk for public shaming?	152 GOR	Gordon
So embarrassing : awkward moments	152 HAR	Harper
How to be a person	155 NEW	Newman
Surviving Your First High School Party	155.5 BUR	Burling
Surviving a First Breakup	155.5 GOR	Gordon
Surviving a First Date	155.5 MOR	Morris
Coping with breakups and jealousy	302.3 ORR	Orr
Cyber Bullying	305.3 HUN	Hunter
Coping with gender fluidity	305.3 LUN	Lundquist
Gender Roles	305.3 MER	Merino
She, he, they, them : understanding gender identity	305.4 STA	Stanborough
Growing Up a Girl	305.8 DUC	Duchess
Exposing Hate	306.4 MIL	Miller
Body image and body shaming	306.4 GRE	Green
Negative Body Image	306.4 WIL	Willett
Mirror Image: How Guys See Themselves Woog,	306.76 WOO	Woog
Finding Community	ROD	Rodi
Up for sale : human trafficking and modern slavery	326 BEH	Behnke
Suicide	362.2 EAG	Eagen
Teens Talk About Anxiety and Depression	362.2 LAN	Landau
Teens Talk About Suicide, Death, and Grieving	362.2 LAN	Landau
More Than the Blues: Understanding Depression	362.2 MOO	Mooney
Teen Runaways (Teen Issues)	362.74 VEL	Veladota
Under our clothes : our first talk about our bodies	362.76 ROB	Roberts
Secret Scars: What You Need to Know About Cutting	391.6 ONE	O'Neill
Shattered Bones: True Survival Stories	612.7 MAR	Markle
Scaredy Squirrel at Night	613.2 WAT	Watt
Teens Talk About Drugs and Alcohol	613.81 LAN	Landau

Drowning in a Bottle: Teens and Alcohol Abuse	613.81 STE	Stewart
Handy health guide to diabetes	616.4 SIL	Silverstein
Multiple Sclerosis	616.8 BRI	Brill
Med Head: ...Battle with My Brain	616.8 PAT	Patterson
Teens Talk About Body Image and Eating Disorders	616.85 LAN	Landau
What is anxiety disorder?	616.85 MOO	Mooney
What is panic disorder?	616.85 MOO	Mooney
Self-image and eating disorders	SMI	Smith
Traumatic brain injury : from concussion to coma	617 GOL	Goldsmith
Wounded Brains: true survival Stories	617 MAR	Markle
Fourth Down and Inches: Concussions and Football's Make or Break Moment	617 MCC	McClafferty
Stick Figure: A Diary of My Former Self	92 GOT	Gottlieb

Every book on this reading ladder is in the South Jordan Middle School. Library Please remember that every book is not for every reader. Just because a book is in the library or on this list does not mean it is appropriate for you. Choose your books with care.

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